

PREOPERATIVE INSTRUCTIONS FOR SEDATION APPOINTMENTS

FOR YOUR CHILD'S SAFETY FOLLOW THESE INSTRUCTIONS CAREFULLY

EATING AND DRINKING

CHILDREN UNDER THREE YEARS OF AGE:

No milk or solid food for 6 hours before the scheduled appointment.
FROM 6 HOURS BEFORE THE APPOINTMENT to 2 HOURS BEFORE the appointment CLEAR FLUIDS ONLY.

CHILDREN OVER THREE YEARS OF AGE:

No milk or solid food for 8 hours before the scheduled appointment.
FROM 8 HOURS BEFORE THE APPOINTMENT to 2 HOURS BEFORE the appointment CLEAR FLUIDS ONLY.

****CLEAR FLUIDS include water, apple juice, 7-up, Gatorade, clear Jello, popsicles.**

No GUM or CANDY are allowed at any time prior to your child's appointment.

FOR TWO HOURS BEFORE APPOINTMENT NO FOOD OR LIQUID OF ANY KIND

CHANGE IN HEALTH

Any change in your child's health, especially development of a cold, fever, cough or runny nose within 3 days prior to the appointment day is important. Please inform the office of any change in health so that we may discuss with you whether or not another appointment is necessary.

ARRIVING

Two responsible adults must accompany the child to the dental office and must remain until treatment is completed. **Plan to arrive 50 minutes before the start time of your child's appointment** so that pre-operative sedation medication can be given at the appropriate time. Please leave siblings at home, as children receiving sedative medications require your undivided attention.

CLOTHING

Have your child wear cool, comfortable clothing including a **short sleeved shirt**. Bring a change of clothing for your child.

MAXILENE CREAM

Placing the intravenous needle is painless when **MAXILENE** cream is applied in our office prior to your child's treatment. The **MAXILENE** cream will be applied to the back of both hands and a dressing placed over the cream.

MEDICATIONS

Give your child only those medications which he/she takes routinely. **DO NOT** give your child any other medicine before or after treatment without checking with Dr. Milnes or Dr. Farquhar.

ACTIVITIES

We will give you detailed instructions after treatment is completed. **DO NOT** plan or permit activities for your child after treatment. Allow your child to rest. Keep your child home from school and closely supervise activities for the remainder of the day, especially activities such as stair climbing. If your child wants to sleep, avoid the use of pillows.

GETTING HOME

The child must be accompanied by **two responsible adults**. Someone should be available to drive the child home, even a taxi if necessary. The child should be watched and carefully secured in a car seat (according to age) or seat belt during transportation.

IT IS IMPERATIVE THAT THESE INSTRUCTIONS ARE FOLLOWED CAREFULLY.

IF YOU HAVE ANY QUESTIONS RELATING TO YOUR CHILD'S TREATMENT,
PLEASE CALL OUR OFFICE AT 250-763-5101, DR. MILNES AT HOME 250-764-5316, OR DR.
FARQUHAR AT 250 212 3667.